

**Nawei's Acupuncture Clinic
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Chinese Acupuncture Facial Rejuvenation

By Dr. Nawei Jiang

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For thousands of years, the Chinese have known that beauty comes from the inside. At least as early as the Sung Dynasty (960AD-1270AD) Chinese Acupuncture Facial Rejuvenation practices were employed for the Empress and the Emperor's concubines. The Chinese discovered and utilized ways to change the energy flow within the body to initiate the healing process for rejuvenation. Though Chinese Acupuncture Facial Rejuvenation is more than a cosmetic procedure. It is a rejuvenation and revitalization process designed to help the whole body look and feel younger.

Based on the principles of Oriental Medicine, Chinese Acupuncture Facial Rejuvenation involves acupuncture, special Chinese Herbal mask and facial massage. The insertion of hair-thin needles into particular areas of the face, ears, neck, hands, trunk, and legs along channels or meridians of energy called Qi (pronounced chee). Specific points are chosen to manipulate the movement of Qi in the body according to the individual's needs. Many meridians either begin or end on the face while some have internal branches that go to the face. Carefully selected Chinese Herbs are blended in with in the facial mask for your special need. Therefore, treatments specifically affect the face while simultaneously treating the underlying factors that contribute to the aging process.

What is Chinese Acupuncture Facial Rejuvenation?

Chinese Acupuncture Facial Rejuvenation is a painless, non-surgical method of reducing the signs of the aging process. It helps to improve muscle tone and dermal contraction especially in the face and neck. Bags and sagging around the eyes, face, and neck can be significantly reduced and toned up. Healthy facial coloring can be restored and there can be a tightening of the pores. Habitual expressions resulting from stress are transformed, resulting in a remarkably younger, calmer, and less worn looking face with which to meet the world.

What are the effects?

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Chinese Acupuncture Facial Rejuvenation may erase as many as five to fifteen years from the face, with results apparent after just a few treatments. These treatments improve circulation of the face and body, bringing nutrients to the skin and removing metabolic toxins. Chinese Acupuncture Facial Rejuvenation has been shown to increase collagen production as well as blood and lymph circulation to the face and scalp.

What can Chinese Acupuncture Facial Rejuvenation do for me?

- ✓ Diminish facial fine lines and deeper grooves and furrows.
- ✓ Reduce facial puffiness and swelling.
- ✓ Firm jowls and double chins.
- ✓ Minimize bags under the eyes.
- ✓ Tighten pores and brighten eyes.
- ✓ Smooth uneven skin tones.
- ✓ Reduce and smooth dark circles under eyes.
- ✓ Combat acne, dry skin, and other skin problems.

Treatments also address overall health, so other health or hormonal issues can be addressed during the session.